

5:19pm Sunday 18th February (45)

Yawm ul A'la

2024

## Book 33: Life Reflections

5:19pm 17/02/2024

- Bismillahirrahmaanirrahim
- In the Name of Allah, The Entirely Merciful, The Especially Merciful

### Text/Matz

1. I was on patterns all day
2. Alhamdulillah. I got through it.
3. It was not easy. At one point, I was in "full-blown physical eye-patterns"
4. I went for a walk in the morning, after Zaiq and in the evening around 8:30. Alhamdulillah